



## TESTIMONIALS - WORKSHOPS

Upfront Theatre Company are wonderful. I really appreciated their collaborative approach when working with pupils and staff, and they offered a variety of bespoke productions tailored to our requirements. The actors are incredibly convincing when conveying the issues faced by pupils, and the girls got really involved with the workshops, following the action carefully and engaging positively with a range of moral dilemmas. Professional, friendly and open-minded, Rosie and her team are a pleasure to work with and, moreover, very good at 'getting to the parts that other PSHE lessons cannot reach'!

Pete Gittins

Assistant Head of Middle School and Head of PSHE  
Channing School

Resilience Workshop (Bespoke) – March 2015  
The Awkward Chat – Bullying – April 2015/Sept 2016-19  
The Serious Chat – Drugs Awareness – March 2016-19

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The feedback consensus that I have received so far from pupils is that this was a great way to approach and tackle subjects that are generally really awkward to talk about. One pupil in particular (at the Mental Health workshop) has said to me that it really helped them to realise that they were not alone and opened up a dialogue that may not have occurred otherwise. I am absolutely sure that this will not be the only pupil that has now been set to thinking more about how they feel about these issues.

Many thanks to you all.

Lisa Richardson  
Learning Mentor  
The Chantry School

The Serious Chat – Mental Health – December 2015  
The Awkward Chat – Relationships – December 2015



## FEEDBACK – “IN HARM’S WAY”

Dear Rosie

Thank you so much for providing the “In Harm’s Way” Play and Interactive Workshop.

The students were thoroughly entertained while exploring the different forms of mental health and self-harm!

Please also express our thanks to the actors for their performance and cooperation with setting up this morning.

We look forward to seeing you back at Kingsford again in the near future!

Best wishes

Zeyana

Zeyana Robertson  
Administrator for SEND/ Safeguarding  
Kingsford Community School

“In Harm’s Way”

– September 2016

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I have had some great feedback from both staff and girls. In fact, we were discussing have more sessions of this kind in the future. This time next year would be just right for us as we certainly would like to run the same session again with the next year group.

Many thanks again.

Ms K Meuleman  
Head of Personal Development  
St Helen and St Katharine

“In Harm’s Way”

– October 2016-19

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