



Breakdown of The Serious Chat – E-Safety Workshop/Assembly

Intro

Who we are

What we're talking about today – E-Safety

Introduce characters (All relatable year 7-13* students, x3)

*Dependent on the year group we are seeing

Part 1 – Facts and myths

Scene i - Myths

Scene between Girl and Boy (FRIENDSHIP) littered with myths & misconceptions about Bullying/Cyber-bullying/Sexting (Y9), including:

- Consequences of bullying & cyber-bullying – law, within school and to the victim
- Bitching
- Causes of bullying/being bullied
- Bullying within a relationship
- Emotional, physical bullying
- Sexting (Y9 version only)
- Help Available

Activity – Myth Workshop

The actors pick a panel of 8 students and split into 2 teams. The actors perform the scene again, with the students freezing the action when they hear a myth. The forum leader (3rd actor) clarifies the facts & awards points.

Designed to explore facts in an active and fun way.

Part 2 – Online Relationships, Self-esteem and Role of “the Friend”

*Discuss **why** young people engage in online relationships.*

Scene ii

Scene between 2 girls, good friends, one of who is suffering from exam stress, anxiety, low self esteem and generally feeling down. She has been chatting to someone online. Her friend is trying to help but inadvertently saying all the wrong things.

Activity – Staged Forum Theatre

- Determine the 2 characters objectives
- Forum leader gives suggestions to the characters about what they should say

- Take suggestions from the audience about what the characters should say to each other
- Actors return to the scene, using the advice they've just been given by the audience

Getting the student's talking about a difficult subject matter, encouraging to see everyone's view point and encouraging them to see the importance of talking/sharing problems and worries

Part 3 – Sexual Exploitation Online

Intro

First-hand look at the relationship the character above has established with a character online.

Activity i – Online Characters (Y7)

Scene iii – Meeting up

Scene between girl and older boy, he is blackmailing/pressuring/etc. We explore the tricks and tools he is employing to exploit and manipulate her.

Activity iii – Forum Theatre

- As above
- Followed by a hot-seating of the character who is in danger, to give the audience the opportunity to ask her questions and give her advice.

A serious situation, which the students can get really involved in as they offer advice to their characters.

Part 4 – Help Available

Services and help available.

Conclusion

Time allowing, short Q&A