



Teacher Testimonials - Workshops

“Upfront Theatre Company are wonderful. I really appreciated their collaborative approach when working with pupils and staff, and they offered a variety of bespoke productions tailored to our requirements. The actors are incredibly convincing when conveying the issues faced by pupils, and the girls got really involved with the workshops, following the action carefully and engaging positively with a range of moral dilemmas. Professional, friendly and open-minded, Rosie and her team are a pleasure to work with and, moreover, very good at ‘getting to the parts that other PSHE lessons cannot reach!’”

Pete Gittins

Assistant Head of Middle School and Head of PSHE
Channing School

Resilience Workshop (Bespoke) – March 2015

The Awkward Chat – Bullying – April 2015/Sept 2016 - 2020

The Serious Chat – Drugs Awareness – February 2016 - 2020

“The feedback consensus that I have received so far from pupils is that this was a great way to approach and tackle subjects that are generally really awkward to talk about. One pupil in particular (at the Mental Health workshop) has said to me that it really helped them to realise that they were not alone and opened up a dialogue that may not have occurred otherwise. I am absolutely sure that this will not be the only pupil that has now been set to thinking more about how they feel about these issues. Many thanks to you all.”

Lisa Richardson

Learning Mentor

The Chantry School

The Serious Chat – Mental Health – December 2015

The Awkward Chat – Relationships – December 2015



Feedback – “In Harm’s Way”

“They were absolutely amazing! Students were SUPER engaged the whole time. Student feedback has been really positive and they felt some concepts were explored in ways they’d never thought about. A student said to me – “Miss I always just thought my friend had it so good, why would she want to self harm, it’s really made me think”.”

Eloise Smith
Head of Year 9
St Mark’s Academy

“In Harm’s Way” – March 2022

“A huge THANK YOU!! What an excellent show your actors put on! Peter, Amber and Zoe were very engaging and covered some really prevalent issues around self-harm with such sensitivity, while keeping it real. Our year 9 students have never sat so still and interested for that length of time. It felt like there was a strong resonance around what was being shared and I believe it has given the students much to think about.”

Alison Harmer
Safeguarding and Wellbeing
Cleeve Park School

“In Harm’s Way” – March 2022



“Dear Rosie

Thank you so much for providing the “In Harm’s Way” Play and Interactive Workshop.

The students were thoroughly entertained while exploring the different forms of mental health and self-harm!

Please also express our thanks to the actors for their performance and cooperation with setting up this morning.

We look forward to seeing you back at Kingsford again in the near future!

Best wishes, Zeyana”

Zeyana Robertson
Administrator for SEND/ Safeguarding
Kingsford Community School

“In Harm’s Way” – September 2016

“I have had some great feedback from both staff and girls. In fact, we were discussing have more sessions of this kind in the future. This time next year would be just right for us as we certainly would like to run the same session again with the next year group.

Many thanks again.”

Ms K Meuleman
Head of Personal Development
St Helen and St Katharine

“In Harm’s Way” – October 2016 – 2020



Student Feedback

The following feedback has been collated from post-show reports and student feedback forms sent in from schools, as well as verbal feedback following the workshops.

"It really is relevant to people our age, because nowadays people with really bad mental health and things, they really don't want to speak out about it because people in our society really shut them down. So it's really important that they speak up about it."

- Year 10

"It was good because it showed examples of what was happening & not just talking about it... it was going on in front of us."

- Year 10

"Good acting!"

- Year 6

"It just felt young... and real... real issues."

- Year 9

"Good... no actually... very good!"

- Year 8

"Even if you personally aren't doing that stuff now, it is relatable as you know it's going on and there's things you can remember for later."

- Year 10

"Funny and easy to relate to."

- Year 9