



Before Anyone Else

Preliminary Work

We are very much looking forward to visiting your school this term. “Before Anyone Else” is a play + interactive lecture; and follows 3 students over Year 11. It explores relationships, sexuality, and consent. Through their stories, we explore friendship, positive vs. negative relationships, LGBTQ experiences and support available, what constitutes consent, taking responsibility for safe sexual health and how to identify and end negative relationships.

This pack includes exercises that can be used in PSHE classes in the lead up to our visit. There are a variety of written and debate options, as well as drama based exercises.

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Sexual Harassment Pop Quiz

1. Define sexual harassment:
2. Give 3 examples of what could constitute sexual harassment:
 - 1.
 - 2.
 - 3.
3. Sexual Harassment is only taken seriously if there's touching involved
True **False**
4. What was the website called where students submitted over 1000 testimonies of sexual harassment in school
 - ☐ End Violence in Schools
 - ☐ Everyone's Invited
 - ☐ My Story
5. How many female students have received unsolicited sexual images?
 - ☐ 3/10
 - ☐ 5/10
 - ☐ 9/10
6. How many male students have received unsolicited sexual images?
 - ☐ 3/10
 - ☐ 5/10
 - ☐ 9/10
7. Sexual harassment is flirting and should be taken as a compliment
True **False**
8. What is the legal age for consent in UK?
9. Who cannot give informed consent?



10. Circle any of the following actions which would count as sexual harassment:

Flashing/exposure

Catcalling/wolf-whistling

Stalking

Making comments about someone's body

Non-consensual kissing

Upskirting

Rubbing/touching someone in a crowd

Groping

Watching explicit content in public

Intrusive questioning



Sexual Harassment Pop Quiz

ANSWERS

1. Define sexual harassment:

When someone carries out unwanted sexual behaviour towards another person that makes them feel upset, scared, offended or humiliated.

2. Give 3 examples of what could constitute sexual harassment:

- *Flashing/exposure - for example, exposing genitals in a public place and/or masturbating in public (this can also be done underneath someone's clothing).*
- *Sexual comments/gestures - behaviour such as 'catcalling' and 'wolf-whistling', sexual propositions (verbal and non-verbal), and/or making comments about someone's body.*
- *Stalking – classed as a pattern of fixated or obsessive behaviour which is repeated, persistent, intrusive and causes fear of violence or engenders alarm and distress in the person targeted – find out more.*
- *'Cyberflashing' - for example, sending or showing sexual images and/or website content/links, commonly transmitted via AirDrop or Bluetooth.*
- *Intrusive/persistent questioning - when you've made it clear you don't want to talk to someone - e.g. "Have you got a boyfriend/girlfriend?", "Where are you going?" etc.*
- *Touching or rubbing against the clothed body of another person in a crowd (e.g. on a busy train or bus) as a means of obtaining sexual gratification.*
- *Watching explicit content in public areas - e.g. pornography, including in some cases trying to show this content to others nearby.*
- *'Upskirting' - placing a camera beneath a person's clothing to take a voyeuristic photograph without their permission.*
- *Standing too close when there is no need to/invading personal space - e.g. somebody standing/sitting unusually close to you on a bus or train service that isn't very busy.*
- *Physical and/or sexual assault, rape - e.g. non-consensual touching, grabbing, groping, stroking, kissing etc. Sexual intercourse of any kind without consent.*

3. Sexual Harassment is only taken seriously if there's touching involved
False



4. What was the website called where students submitted over 1000 testimonies of sexual harassment in school

Everyone's Invited

5. How many female students have received unsolicited sexual images?
o 9/10

6. How many male students have received unsolicited sexual images?
o 5/10

11. Sexual harassment is flirting and should be taken as a compliment
False

12. What is the legal age for consent in UK?

16

13. Who cannot give informed consent?

Consent cannot be given by individuals who are underage, intoxicated or incapacitated by drugs or alcohol, or asleep or unconscious.

14. Circle any of the following actions which would count as sexual harassment:

ALL:

Flashing/exposure

Catcalling/wolf-whistling

Stalking

Making comments about someone's body

Non-consensual kissing

Upskirting

Rubbing/touching someone in a crowd

Groping

Watching explicit content in public

Intrusive questioning

Essay/Debate Questions

Exploring Sexuality, Sexual Harassment & Consent



1. Write an e-mail of support for someone who is questioning their sexuality and their family is not supportive.
2. Make a list of how a young LGBTQ person can find support if needed in UK.
3. Home Office figures from 2021 showed that 1.4% of all rape cases result in a charge or summons. Why do you think this is and what can be done to change the statistics?
4. Write an e-mail of support for someone who has been sexually harassed:
 - a. by a stranger in a public place
 - b. within their relationship
 - c. by a person of authority i.e. coach/teacher/mentor etc
5. If 'no means no' then 'yes means yes' – Do you agree/disagree with this statement? Discuss:
6. Everyone's Invited showed that there is a culture of sexual harassment in schools. Discuss why this is and what changes could be put in place to make schools safe spaces.
7. Give a detailed explanation of informed consent.



Drama Exercises exploring Sexuality, Sexual Harassment & Consent

1. Choose one of the following situations and in groups, act it out, exploring the best and worst-case scenario.
 1. I'm being sexually harassment by a classmate
 2. I've been accused of sexually harassing a classmate
 3. My boyfriend/girlfriend keep pressuring me to do something I don't want to do
 4. An adult at my after-school club keeps flirting with me & making inappropriate comments
2. Imagine you are being bullied because of your sexuality. Write & perform a monologue from your point of view, explaining how you are feeling.
1. Write a piece exploring sexual harassment using one of the following titles. Try to use elements of physical theatre, monologue, doubling-up of characters, doubling-up of props.
 - "The Ratings List"
 - "Unwanted Images"
 - "It was just flirting"
 - "Inappropriate Adult"



Meet the Characters:



EMILY

Emily has just started year 11. She's best friends with Erica and loves drama and English literature.

It's important to her to have a boyfriend and she fancies a guy called Tom in her year.

She is an only child, and her parents are still together.

TOM

Tom has also just started year 11. His best friend is called Adam.

He's in middle sets at school but isn't sure what he wants to do when he leaves school.

He's never had a girlfriend, he hasn't had sex and feels under pressure to lose his virginity before the end of Year 11.



ERICA

Erica has started year 11 and is best friends with Emily.

She likes school and is in top sets – her favourite subjects are maths and sciences.

She used to be in group but got bullied out after primary school and the bullying has continued, mainly by a girl called Sophie.

She has 2 brothers & her parents are divorced.



Things to think about during the Play

Keep an eye out for any discriminatory language or sexual harassment:

- Are the characters aware their behaviour could be offensive/upsetting?
- If you see sexual harassment, is it challenged?
- Is 'casual/everyday' discrimination as bad as active/aggressive discrimination?

Emily

- Emily experiences positive and negative relationships – identify which is which.
- Do you see any warning signs of an abusive relationships?
- Does Emily understand consent?

Tom

- Is Tom secure in himself?
- Where is Tom getting his information on sex and relationships?
- Does Tom have a positive relationship with his friends?

Erica

- Does Erica display signs of homophobia and if so, why?
- Does she have a safe space to explore her sexuality?
- Is she able to talk about her feelings with Emily?